



Sequoia Visalia Kiwanis
with
Southern Sierra Cyclist
Present

The SVK Bike Rally in memory
of

Mike McKay
and
Phil Dearing

Saturday May 16, 2009
40 Mile Ride, Metric Century,
or Full Century



We are featuring three great rides again this year.

All rides begin at Cutler Park.

40 Mile Ride - ride along the base of the Venice Hills and through some beautiful rolling hills that make our local rides memorable. Take special note of the Monrovia Nursery, one of the largest in the region. One rest stop is provided.

Metric Century - Finally, a Metric with some climbing! Enjoy an easy ride to Dry Creek where you'll make a steady ascent to Stagecoach Drive. Next you'll tackle rollers en-route to Sierra Glen and make your way past Mountain House as you descend Hwy 245 on your return leg. 4,000 feet of climbing; 4 rest stops.

Century - a challenging century with 6,000 feet of climbing. Follow the metric route up Dry Creek before you swing off on Eshom Valley Road to climb to Hartland. You'll experience beautiful vistas all along this route. Continue climbing beyond Hartland to Whitaker Forest road where you'll begin your descent back to Hwy 245. Ride past Mountain House and descend Hwy 245 to Boyd Drive where you'll enjoy some fantastic views en-route to your return to the Valley; 5 rest stops.

Directions to Cutler Park

Take HWY 198, turn North on Lovers Lane, turn right on Houston Avenue and go 2.5 miles to Cutler Park.

HELMETS REQUIRED

LUNCH PROVIDED AFTER RIDE

Annual SVK Memorial Bike Rally Entry Form

<u>EVENT CHOICES</u>	<u>TIME</u>	<u>PRICE</u>
Century	7:00a.m.	\$35.00
Metric Century	8:00a.m.	\$35.00
40 Mi Ride	8:30a.m.	\$35.00

Print Name

Print Address

City

State

Zip

Phone

Email address

RIDER RELEASE

I _____
(print name)
hereby release Sequoia Visalia Kiwanis Club,
the Southern Sierra Cyclist, sponsors, their
employees, and volunteers from any and all
liability for any injuries or illness incurred
while participating in this event.

Rider's Signature or Authorized Signature if
rider is under 18 years of age.

Make Checks Payable to Sequoia Visalia Kiwanis
Mail Registration by 5/01/09 to
Neal Sterling
3201 La Vida
Visalia, Ca. 93277