



# Vi-Cycle Application

## **GENERAL INFORMATION**

Agency / Business Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Nature of Business / Agency: \_\_\_\_\_

Number of Employees: \_\_\_\_\_

Are facilities available for securing bicycles at your business? (check all that apply)

bike racks \_\_\_\_\_ indoor parking \_\_\_\_\_ other \_\_\_\_\_

## **BICYCLE USE**

Briefly describe the need for Vi-Cycles and who is expected to use them (include the number of employees, patrons, students, etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Vi-Cycles will be used for: (check all that apply)

\_\_\_ Weekday Commute, \_\_\_ Weekend Commute, \_\_\_ Errands or lunchtime traffic

Approximate number of trips per week:

\_\_\_ Less than 5 \_\_\_ 5-10 \_\_\_ 10 or more

Approximate number of miles estimated per week

\_\_\_ Less than 5 \_\_\_ 5-15 \_\_\_ 15 or more

Please indicate the quantity requested:

\_\_\_ Vi-Cycles \_\_\_ Helmets

If selected for the Vi-cycle program, your employees will have an opportunity to participate in free quarterly workshops on California bicycle safety laws through the Southern Sierra Cyclists. Get more information at: [www.sscbike.org](http://www.sscbike.org)

The attached Vi-Cycle Guide provides additional bicycle safety tips for you and your employees. Ideas listed provide a way to show further commitment but are not required to participate.



Return this application to:  
City of Visalia, Natural Resource Conservation Division  
425 E. Oak Ave. Suite 101, Visalia, Ca. 93291  
or fax to: (559)-713-4817

For more information, please call 713-4532 or email Nathan Garza at [ngarza@ci.visalia.ca.us](mailto:ngarza@ci.visalia.ca.us)

# Vi-Cycle Guide

Below are organizational strategies designed to help employers promote bicycle safety in the workplace.

Employers across the country are taking steps to become bicycle-friendly. They are making the effort to minimize the effects of traffic congestion and pollution, reduce their employees' stress and improve their fitness and overall health. By promoting safe bicycling, you and your business are supporting the development of a balanced transportation strategy for your employees. Each workplace has the opportunity to develop a unique approach to support safe cycling among your employees and customers.

Safe bicycling involves more than wearing the proper safety equipment and keeping a bike in good mechanical order. We must also learn the rules of the road. Safe bicycle practices are achieved through the use of appropriate equipment and proper bicycle techniques.

## Equipment

- ◆ A well maintained and adjusted bicycle, with particular emphasis on adequate brakes and tires.
- ◆ Reflectors and lights when traveling in the dark, wear bright clothing.
- ◆ A helmet to protect against head injuries, the most common serious injury suffered by bicyclists.

## Techniques

- ◆ When riding on roads shared with vehicles, obey the rules of the road as if you were driving a car. Stop at stop signs, red lights, and signal before turning or changing lanes.
- ◆ Always ride on the right side of the road. Stay in single file as far to the right as practical.
- ◆ Be cautious when traveling through intersections. Be aware of traffic around you, and be prepared to brake quickly.
- ◆ Avoid traveling along the side of cars when passing through intersections.
- ◆ When riding in a central business district like our downtown area, use extreme caution when passing parked cars, as occupants may turn in front of you without warning.
- ◆ Keep hands on handlebars at all times. Riding with no hands does not permit you to stop or to avoid hazards such as dogs, potholes, broken glass, cars, etc.
- ◆ Yield to all pedestrians. They can't foresee a dangerous situation as well as you can and may be inattentive.
- ◆ Remember, your bicycle is a small inconspicuous vehicle. It is not easily seen on

## Safety Tips

- ◆ PROTECT YOUR HEAD. WEAR A HELMET
- ◆ ENSURE PROPER SIZE AND FUNCTION OF BICYCLE
- ◆ RIDE WISELY. LEARN AND FOLLOW THE RULES OF THE ROAD
- ◆ BE VISABLE. SEE AND BE SEEN AT ALL TIMES
- ◆ "DRIVE" WITH CARE. SHARE THE ROAD
- ◆ STAY FOCUSED. STAY ALERT

Please sign below as confirmation that you have read the above bicycle safety tips and agree to promote safe bicycling practices within your business / organization.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Please print name of Business / Organization



Have Fun - Stay Fit - Ride a Bike